

Principle
1



Plan ahead collectively

Tap into local health expertise

- Work with local public health and NHS teams at an early stage; they can advise on the capacity of existing and emerging NHS infrastructure.

Principle
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Assess local health and care needs and assets

Use tools to measure and evaluate health and social care needs

- Undertake a baseline audit to identify community health needs.
- Use existing tools, such as social value metrics, to identify the real value of investment into health infrastructure.

Principle
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Connect, involve and empower people and communities

Deliver best practice community consultation and engagement

- Connect with the local residents to understand their health concerns and requirements.

Principle
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Create compact neighbourhoods

Intelligently designed communities

- Promote health and wellbeing by creating accessible neighbourhoods. This is integral to the design of physical and green or blue infrastructure.

Principle
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Maximise active travel

Understand existing travel issues in the community

- Observe existing travel patterns and the constraints to walking and cycling.

Principle
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Inspire and enable healthy eating

Promote healthy eating through design and scheme layout

- Offer residents the option to adopt a more sustainable approach to food production and consumption.

Principle
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Foster health in homes and buildings

Apply best practice principles during detailed design

- Consider standards such as Lifetime Homes, WELL Building Standard/WELL Community, BREEAM, particularly in the context of a changing climate.

Principle
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Enable healthy play and leisure

Create opportunities for both formal and informal play

- Use health evidence to inform infrastructure that meets the needs of the current and future younger population.

Principle
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Develop health services that help people to stay well

Work with experts to determine space requirements

- Proactively engage with the NHS, charities and service providers to understand physical space requirements for health and community services.

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Create integrated health and wellbeing centres